

**Do you suffer from the disease of addiction to alcohol or drugs?
Take the *First Step* into a lifestyle of sobriety.**

**Attend a free meeting to find your support system.
You can do it! Break away from the chains of addiction!**



All meetings are at *St. Luke's on the Hill*, 40 McBride Road,
(off Pruyn Hill Road near the Hillcrest Fire Department)

**AA (Alcoholics Anonymous) and Al-Anon meetings
Fridays 7:30 pm**

Al-Anon -for family/friends having a loved-one with the disease of addiction

Nar-Anon Meetings: Thursdays at 7 pm. (For family/friends having a loved-one with the disease of addiction to drugs and other substances.)

NA-Narcotics Anonymous meetings are for those with a substance use disorder.
Saturdays 7 pm

Together we can take that first step. Let us help.