

HALFMOON SENIOR CITIZEN ASSOC., INC.

P.O. BOX 4203, HALFMOON, N.Y. 12065 "DEDICATED TO SERVING" 371-3892



September 2018



As I sit down to write you, it is raining and raining and raining. It is supposed to still be summer, but it is getting closer to fall. September can be a beautiful month with cooler temperatures, warm days, and fall colors beginning to come out. On September 4 we will be cruising Lake George and then the next day will be our September business meeting. At that meeting we will have sign ups for the October Fall Foliage trip set for October 23. We will also raffle off the lap guilt so please if you have not purchased your tickets, get them soon at the center. On September 22 from 1-5 the Town of Halfmoon will be holding their annual Fall Festival. So, come and join us at the festival. The month of September is still beautiful to be outside, so join the walking group on Tuesday mornings, get together to play golf, and let's get together for bocce ball. We should plan to be outside because sooner or later, we will have to stay inside. There is plenty to do at our senior center. Please come and join us any day from 9-4 Mondays-Fridays. We just have lots of fun here at the senior center. I look forward to seeing you at our business meeting on September 5 at 1 pm. Nancy L. Morris

CENTER TO BE CLOSED

The Center will be closed on **Monday, September 3**rd, so that all may enjoy the **Labor Day** holiday.



QUILTING CLASSES BEGIN

The Center's quilters took the summer off so that a "Learn to Quilt" class could take its place. Now they are ALL ready to start a new year. If you are a quilter at any skill level you are invited to join the group. Classes meet every **Friday** morning at **9:30am** starting **September 7**th. Come and join this great group of quilters. It is more fun to quilt with friends!

All activities are held at the Center unless otherwise specified. Center is open Monday through Friday from 9:00am to 4:00pm.

SPECIAL DAYS TO REMEMBER (Mark Your Calendar)

Sept 3 Closed for La	bor Day	
Sept 4 Lake George	Cruise	9:45AM
Sept 5 Advisory Co	uncil Meeting	11:00AM
Sept 5 Business Mee	eting	1:00PM
Sept 6 Senior Picnic		10:30AM
Sept 7 Quilting Clas	s Begins	9:30AM
Sept 7 Shuffle Board	i	12:30PM
Sept 11 Memoirs Clas	ss Begins	12:30PM
Sept 12 Bingo		1:00PM
Sept 13 Primary Day - Activities Canceled		
Sept 13 Ceramics Cla	ss Begins	1:00PM
Sept 17 Golf Outing		9:30AM
Sept 19 Bingo		1:00PM
Sept 20 Alzheimer's	Support	12:00PM
Sept 21 Shuffle Board	d	12:30PM
Sept 24 Hermits		11:00AM
Sept 25 Jewelry Class	S	12:30PM
Sept 27 Bowling Part	У	10:30AM



SHUFFLEBOARD GAMES

Join us on Friday, **September 7**th **and 21**st at **12:30pm** for our next game days. No

experience necessary! Come have a great afternoon just shuffling around with friends! As always, we play just for the fun of it!



TURNING MEMORIES INTO MEMOIRS

A memoir is a record that keeps memories preserved. Memoirs can be an invaluable resource for recording family history. The Clifton Park/Halfmoon Library, along with the Center, is sponsoring a workshop, Turning Memories into Memoirs. This five-session workshop is an exciting way of exploring, recording and preserving the unique tales of your life. This class is for beginners and the more experienced writers. Sessions will be held on Sept. 11th, Sept. 18th, Sept. 25th, Oct. 2nd, and Oct. 9th, from 12:30pm to 2:30pm. There is no fee for this workshop. Nonmembers are welcome if class size allows as members receive first priority.

INFORMAL JEWELRY MAKING CLASS

Join us on **Tuesday, September 25**th at **12:30pm** for an informal **Jewelry Making** Class. This month's project is a Halloween themed necklace! The cost is \$7.00 for this class. Payment is due at time of sign-up which must be done by September 11th.

WHERE DO HERMITS GO?

Do you not go out to eat because you're by yourself? Looking for someone to go with? The Center has a group for you to enjoy - the **HERMITS** (Happily Eating Regular Meals In Town Somewhere). Everyone is invited to join us on **Monday, September 24**th for lunch at **The Silo** in Queensbury. Van will leave at 11:00am. Your \$5.00 refundable deposit (due at sign-up), will hold your seat on the van. Lunch is on your own. There will be time for you to shop at their huge gift shop before heading home. Sign up begins after the September 5th Business Meeting.

LAKE GEORGE BOAT CRUISE

Join us on **Tuesday, September 4**th for a two hour luncheon and sightseeing cruise aboard the **Lac du Saint Sacrement** on beautiful Lake George. The cost is just \$35.00 for members and \$40.00



for non-members. Complimentary vans will be available on a first come first serve basis with those who do not drive given priority. All others must drive themselves. Vans will leave the Center at 9:45am. Boat boards at 11am. This trip is now full but you may place your name on the waiting list. See you on the Lake!

ALZHEIMER'S SUPPORT GROUP

The Center offers a unique **Alzheimer's Support Group** to our members and to the community. Co-sponsored by the Alzheimer's Association and the Center, our group is for the caregivers, and for those they care for (Alzheimer's and/or any type of dementia) as well. Our next meeting will be Thursday, September **12:00pm**. Caregivers group together and begin their session with a complimentary luncheon provided bv the Center. Those Alzheimer's will enjoy lunch together, also provided by the Center, before participating in a group activity. If you or someone you know would like to attend, please call the Center to sign-up. Be sure to tell us how many will be attending each group. Members and nonmembers are welcome.

DO YOU STRIVE FOR THE STRIKE?

We all do when we go bowling. Trying to get that strike is half the fun. The other half is sharing in fun and fellowship with our friends. Join us on **Thursday**, **September 27**th at **10:30am** for another **Bowling Party** at the **Spare Time Bowl** on Route 9. Bowlers and non-bowlers are welcome. The cost of \$7.00 for bowlers gets you your shoes, two games of bowling, pizza and soda. \$3.00 for non-bowlers gets you pizza and soda. We bowl for the fun of it.

LET'S SAY "HELLO"

The Center is pleased to introduce you to our newest members. Joining us this month was: Nancy Keelen, Cris Romeling, Sue Delker, Linda Altrock, Marv Bubie, Philip Smith, Doug and Donna Reynolds, and Connie North. It is great to welcome each of you to the Center. A reception will be held for *all members* following the September 5th Business Meeting. Please plan to join us.

CARD STAMPING WORKSHOP
Our next Card Stamping
Workshops will be on Friday,



October 12th, at **10:30am** and **12:30pm**. We will be making two unique cards. All supplies, except tape, are provided. The cost is just \$3.00, due at time of sign-up.

"Everything happens for a reason, people change so that you can learn to let go, things go wrong so you can appreciate them when they're right, and sometimes good things fall apart so better things can come together."

Marilyn Monroe

CERAMICS CLASS TO BEGIN

If you have never tried it, or haven't done it in years, then you need to join us for our fall session of **Ceramic** classes. This eight-week



course will let you explore the wonderful world of ceramics. You will be amazed at the beautiful things you are capable of creating. Absolutely no experience is needed. Classes will be held at 1:00pm on Sept. 13th, 20th, 27th, Oct. 18th, 25th, and Nov. 1st, 8th, and 15th. The cost is \$20.00 for the session; however, the Center will subsidize the program, bringing the cost to just \$15.00 for participants, plus cost of project. Come be creative with us. This is a relaxing class and a great way to spend time with friends. Payment is due at sign-up at the front desk.

PICNIC IN THE PARK

The Saratoga County Office for the Aging is once again sponsoring a *"Picnic in the"*



Park" on Thursday, **September** 6th, from 11:00am to 3:00pm at the Saratoga County Fairgrounds in Ballston Spa. Tickets are \$4.00 each. Parking is free. There will be musical entertainment as we enjoy games, fellowship and a great barbecue feast that includes the following: BBQ Chicken, Coleslaw, Potato Salad, Campfire Beans, Roll, Beverage and Lemon Summer Cake for dessert. All Saratoga Co. seniors are welcome to attend. Tickets are available at the Center and must be purchased in advance. Vans will leave the Center at 10:30am. Don't delay

PRIMARY DAY - ACTIVITIES CANCELED

All activities will be canceled on Thursday, September 13th, for Primary Day. The Center is the Polling location for four Districts. In order to accommodate the polling space, all activities will be canceled except for: Crafts, PACE and Ceramics.

GOLF OUTINGS

Because of the Labor Day Holiday the September 3rd outing is canceled. Therefore, our last outing of the year will be Monday, September 17th at Eagle Crest Golf Course in Clifton Park. Please sign up on the Golf Outing Sheet posted on the bulletin board. If you have any questions or need directions to the Golf course, please give us a call. We play just for the love of the game!

LET'S HIT THE ROAD

The Center has scheduled a Scenic Fall Foliage and Farm Tour from Durham to Windham on Tuesday, October 23rd. Join us for a guided tour with views of the Durham Valley, five state view in East Windham and a stop at the Catskill Mountain Country Store. After the tour we will enjoy an Octoberfest lunch at Gavin's where you will have your choice of Wiener Schnitzel or Baked Salmon, along with Sauerkraut and Red Cabbage, German Potato Salad and Apple Pie a la mode for dessert. Following lunch there will be live German music for our entertainment. The cost is \$37.00 for members and \$40.00 for nonmembers. Sign-ups will begin after the September Business Meeting. If you would like to suggest a trip, please let us know. Happy traveling!

FLU SHOT CLINIC HERE

Flu season waits for no one...so let's prepare by getting vaccinated against it. Walgreens



of Halfmoon will again hold a Flu Shot Clinic at the Center on Wednesday, October 24th from 9:30am to 11:30am. Both the Fluvirin and the Fluzone HD strains will be offered for those who are 65 and older. Reserve your shot by calling the Center or stopping in to make vou appointment. If make appointment in person you will be given a packet and information to complete prior to your appointment time. If making your appointment via phone, please arrive 15 minutes prior to your appointment time to complete the packet. Please bring your insurance cards. There will be a charge for those without coverage. Any questions should be directed to your private physician or to Walgreens Pharmacy at 373-4950. Call today for your appointment!

NOT RECEIVING YOUR NEWSLETTER?

If you have not signed up on the Town of Halfmoon website to receive your newsletter and urgent alerts, then you are missing out on some really great things going on at the Center. We have heard from many of you that you are not sure how to get signed up. We are here to make it easy for you to receive this information. Just stop by the Center or give us a call and we can get you signed up in a flash! As always, paper copies are available at the Center for you to pick up.