

SEPTEMBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
CLOSED FOR LABOR DAY	Chicken With Spinach and Feta Cheese Sauce Buttered Pasta Sonoma Blend Vegetables	Swiss Steak Oven Browned Potatoes Beets Mandarin Oranges	SENIOR PICNIC AT SARATOGA COUNTY FAIRGROUNDS	Tuna Salad Cold Plate Macaroni Salad Marinated Vegetable Salad Peaches
Chicken Cacciatore Pasta With Sauce Wax Beans Yogurt	Seafood Newburg Over Rice Carrots Dinner Roll Mandarin Oranges	Pasta With Meatballs Green Beans Parmesan Cheese Chocolate Pudding With Whipped Topping	Roast Beef With Gravy Mashed Potatoes Peas Plum Fruit	Turkey Salad On Sandwich Roll Pasta Salad Tomato and Cucumber Salad
Pork Loin With Fiesta Sauce Red Bliss Potatoes Mixed Vegetables Pears	Honey Baked Chicken Brown Rice Broccoli Dinner Roll Peaches	Breaded Fish Macaroni and Cheese Stewed Tomatoes Tartar Sauce Yogurt	Meatloaf With Gravy Mashed Potatoes Spinach Orange Whip	Chicken Salad Cold Plate Potato Salad Carrot Raisin Salad Banana
Rosemary Garlic Lemon Chicken Over Rice Brussels Sprouts Warm Peach Crisp	Baked Fish With Creamy Dill Sauce Brown Rice Vegetable Trio Apricot Whip	FALL HARVEST FESTIVAL Apple Glazed Pork Bacon Mashed Potatoes Butternut Squash Maple Frosted Cake	Chicken Piccata Roasted Cubed Potatoes Mixed Vegetables Fresh Orange	Egg Salad On Wheat Marinated Green Beans Beet and Onion Salad Fruit Jell-O

Lunch reservations are required by noon on the previous day. LUNCH IS SERVED AT NOON. *Diabetics will receive substitutes. No substitutes for food allergies. There is a suggested \$2.00 donation. A \$6.00 fee for those under 60. Make checks payable to: Northeast Dining & Lodging. Served daily: coffee, tea, milk and butter.

Halfmoon Senior Citizen Assoc., Inc.

DAYS TO REMEMBER

Director:

Eileen Pettis

Every Monday	9:00AM	Painting Class
	9:45AM	Osteoporosis Class
	11:30AM	Poker
Every Tuesday	9:00AM	Woodcarving
	10:00AM	Balance & Range
	10:30AM	P.A.C.E. Class
	12:30PM	Pinochle
	1:30PM	Informal Painting
Every Wednesday	9:45AM	Osteoporosis Class
Every Thursday	9:00AM	Crafts
	10:00AM	Strength/Conditioning
	10:30AM	P.A.C.E. Class
	1:00PM	Chair YOGA
	2:00PM	Line Dancing
Every Friday	9:30AM	Quilting Class
	12:30PM	Mah Jongg
	12:30PM	Domino's
	12:30PM	Scrap Booking Class
	12:30PM	Watercolor Class

Administrative Assistants:

Paula Ruff
Hope Meehan

President:

Nancy Morris

Board of Directors

Gary Shellenbarger	Tom Thomsen
Rosemary Herbert	Ruth Smalley
Cindy Ferjanec	Leann Nancy
Peter Gemellaro	Cheryl Dibble
Mark Delaney	Kathy DeVoe
Kate Jeanson	Nancy Morris

Senior Center Advocate
Lynda Bryan

Halfmoon Senior Express
664-2186