

AUGUST 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Roast Beef With Gravy Mashed Potatoes Peas Plum Fruit	2 Chopped Steak Parmesan Pasta Green Beans Chocolate Pudding Whipped Topping	3 Turkey Salad On Wheat Pasta Salad Tomato and Cucumber Salad Fruit Cocktail
6 Macaroni and Cheese Stewed tomatoes Brussels Sprouts Yogurt	7 Honey Baked Chicken Brown Rice Broccoli Roll Peaches	8 Pork Loin With Fiesta Sauce Red Bliss Potatoes Mixed Vegetables Pears	9 Meatloaf With Gravy Garlic Mashed Potatoes Spinach Orange Whip	10 Five Spice Chicken Entree Salad Potato Salad Banana
13 Rosemary Garlic Lemon Chicken Over Rice Brussels Sprouts Warm Peach Crisp	14 BBQ Pork Loin Cubed Sweet Potato Cabbage Chocolate Chip Cookies	15 Baked Fish w/Creamy Dill Sauce Mashed Potatoes Vegetable Trio Apricot Whip	16 Chicken Picatta Roasted Potatoes Mixed Vegetables Honeydew Melon	17 Egg Salad On Roll Marinated Green Beans Beet and Onion Salad Fruit Jell-O
20 Baked Fish With Creamy Dijon Sauce Over Brown Rice Sonoma Vegetables Warm Berry Crisp	21 Chicken Alfredo Pasta Peas Pears	22 Chili Rice Yellow Squash Fruit Cocktail	23 Goulash Cornbread Carrots Peaches	24 Ham Salad Cold Plate Sweet Potato Salad Coleslaw Pineapple
27 BBQ Chicken Over Rice Spinach Warm Applesauce	28 Smothered Chopped Steak With Gravy Mashed Potatoes Brussels Sprouts Chocolate Chip Cookies	29 Roast Pork With Gravy Mashed Potatoes Vegetable Trio Cake With Frosting	30 Oven Fried Chicken With Gravy Sweet Potatoes Green Beans Tropical Fruit	31 Seafood Salad Cold Plate Pea Salad Cornbread Mandarin Oranges

Lunch reservations are required by noon on the previous day. LUNCH IS SERVED AT NOON. *Diabetics will receive substitutes. No substitutes for food allergies. There is a suggested \$2.00 donation. A \$6.00 fee for those under 60. Make checks payable to: Northeast Dining & Lodging. Served daily: coffee, tea, milk and butter.

Halfmoon Senior Citizen Assoc., Inc.

DAYS TO REMEMBER

Every Monday	9:00AM	Painting Class	
	9:45AM	Osteoporosis Class	
	11:30AM	Poker	
Every Tuesday	9:00AM	Woodcarving	
	10:00AM	Balance & Range	
	10:30AM	P.A.C.E. Class	
	12:30PM	Pinochle	
	1:30PM	Informal Painting	
Every Wednesday	9:45AM	Osteoporosis Class	
Every Thursday	9:00AM	Crafts	
	10:00AM	Aerobics	
	10:30AM	P.A.C.E. Class	
	1:00PM	Chair YOGA	
	2:00PM	Line Dancing	
	Every Friday	9:30AM	Quilting Class
		12:30PM	Mah Jongg
	12:30PM	Scrap Booking Class	
	12:30PM	Domino's	

Director:

Eileen Pettis

Administrative Assistant:

**Cate Thomsen
Paula Ruff**

President:

Nancy Morris

Board of Directors

Gary Shellenbarger

Tom Thomsen

Rosemary Herbert

Ruth Smalley

Cindy Ferjanec

Leann Nacy

Peter Gemellaro

Cheryl Dibble

Mark Delaney

Kathy DeVoe

Kate Jeanson

Nancy Morris

Senior Center Advocate

Lynda Bryan

Halfmoon Senior Express

664-2186